

Buncombe County Schools
Reproductive Health and Safety
6th Grade Outline

Topics include: Review of changes at puberty, reproductive anatomy and physiology, conception, fetal development and birth/parenting; risks of early sexual activity, and assertive refusal skills.

NC Healthful Living Standards and Objectives:

6.ICR.2.1 – Explain the impact of early sexual activity outside of marriage on physical, mental, emotional and social health.

6.ICR.2.2 – Summarize the responsibilities of parenthood.

6.ICR.3.1 – Identify the challenges associated with the transitions in social relationships that take place during puberty and adolescence.

6.ICR.3.2 – Summarize the relationship between conception and the menstrual cycle.

I. Puberty Review

Uses one or more activities (“Puberty Walk”, Puberty Quiz Bowl”) to review/build upon information presented in 4th and 5th grade programs. Emphasis on wide range of normal and developing empathy for others.

II. Reproductive Anatomy and Physiology

Power Point images depicting the male and female reproductive systems, the ovulation-menstruation cycle, fertilization, and fetal development.

III. Challenges/Risks/Refusal Skills

Group identification and discussion about personal, emotional, social, and physical health risks related to sexual decisions during adolescence.